

# AmandeepKaur

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## WORK EXPERIENCE

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### **Registered nurse In-Charge (City of Kawartha lakes) 07/2024 - 12/2024**

#### **Victoria manor Nursing home, lindsay, ON**

- Provided for nursing care in accordance with established policy, physician's orders, the resident plan of care, and within the scope of practice of a RN. Administered medication and Utilized sound nursing practice principles to ensure delivery of excellent nursing and personal care in the assigned home area(s).
- Ensured a timely and accessible admission for the residents including a comprehensive orientation to the home and the services offered within the home.
- Ensured that resident transfers and discharges are timely and safe.
- Ensured the supply, control and safe keeping of drugs and narcotics, ensures protocols are followed on all assigned shifts. ·
- Responsible for assessing, planning, implementing and evaluating nursing care to meet the physical, psychological, emotional, spiritual, cultural and social needs of the residents.
- Responded to all emergencies immediately; acts as the emergency manager until relieved by the ADOC, DOC or Executive Director.
- Collaborated with the interprofessional team including medical team members, clinical specialists, and consultants in support of effective clinical care for all residents.
- Participated in in-services and education of nursing team members and other departments as required. ·
- Acted as a role model for nursing team members performing within the professional guidelines of College of Nurses in the applicable province and in accordance with relevant provincial legislation requirements. ·
- Directed the plan of care in collaboration with the interprofessional team to effectively manage the residents with complex and changing resident care needs.
- Provided effective guidance and leadership for nurses (RPNs, LPNs) and the care staff.
- Reinforced and works towards achieving goals and objectives established by the Director of Care and the multidisciplinary care team. ·
- Provided appropriate and timely reports to the Director of Care. ·
- Coordination of activities necessary to operate the resident home area economically and efficiently and in compliance with applicable legislation. ·
- Contributed to the development and implementation of policies and procedures that support the operational needs of the care community.
- Performed other duties as assigned.

**Registered Nurse (Lion Health care)  
Caressant Nursing Home, Lindsay, ON**

**(02/2024–07/2024)**

- Participated in implementation of nursing care objectives, procedures, and policies.
- Developed professional relationships with staff, volunteers, and families.
- Assessed residents' conditions, develop, and implement appropriate care plans.
- Ensured that all resident-related documentation is updated and accurate.
- Administered medication
- Organized nursing staff to provide care in an efficient, effective manner.
- Provided health education to residents and job-related training for staff.
- Ensured the supply, control and safekeeping of drugs and narcotics as well as safekeeping keys in accordance with professional standards and organization policies.
- Document priorities, target dates and interventions on the individualized care plan to achieve the best possible outcomes of each patient.

**PSW at Transcare community support services, Scarborough, Canada**

**( 02/2020 – 02/2024)**

- Provided personal care assistance and support to patients such as bathing, grooming, toileting etc.
- Assisted patients with ADL such as eating, drinking and medication reminders.
- Respected privacy of all patients at all times.
- Provided emotional support to patients while encouraging independence.

**Registered Nurse at Malik Hospital, India**

**(11/2018 – 10/2019)**

- Recorded details and symptoms of patient, medical history and current health.
- Performed initial and ongoing assessment of patients and Prepared patients for exams and treatment.
- Administered oral, IV and IM medications and treatments, then monitoring patients for side effects and reactions.
- Created, implemented, and evaluated patient care plans with the medical team.
- Performed wound care, such as cleaning and bandaging them.
- Assisted physicians in medical and surgical procedures as needed.
- Operated and monitored medical equipment.
- Collected blood, urine samples, and other body fluids for lab work.
- Educated patients and family members on treatment and care plans, as well as answering their questions.
- Supervised nursing assistants, and nursing students.
- Collaborated with physicians, nurse therapists and other healthcare professionals to develop individualized treatment plans for each patient.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving intervention.

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## EDUCATION

Registered Nurse with New York board of Nursing	(Nov 2023-Present)
Registered Nurse with college of Nurses of Ontario	(Feb 2024-present)
CPR	(expires on Nov 2025)
BLS	(expires on Mar 2026)
ACLS	(expires on Mar 2026)
<b>Pandit Bhagwat Dayal Sharma University of Health Science:</b>	
Bachelor of Science in Nursing with first class	(Sep2014–Oct 2018)

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## CORE ATTRIBUTES

- Possess strong communication and time management skills.
- Able to quickly obtain and process information and quick learner from work.
- Ability to Plan, Organize and Prioritize Work.
- Ability to multi task in a fast-paced environment.
- Good organizational, analytical skills and possess excellent team working skills.
- Knowledgeable with MS Office, windows and internet.
- Strong critical thinking, Problem solving, and decision-making skills learnt by experience.
- Establish therapeutic relationships with family and patients.
- Strong assessment skills and committed to best practice, nursing standards and lifelong learning.
- Knowledge of pain management, skin management and wound management.

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## OTHER SKILLS AND HIGHLIGHTS

- Good in communication skills and knowledge of 3 languages-English, Punjabi, Hindi.
- Want to learn new things and tasks from new work everytime.