

Patient-focused nurse with hands-on experience in delivering exceptional care to a variety of populations and a keen focus on improving their wellbeing. Dynamic leader with a three-year track record of consistent success within the healthcare sector. Deep proficiencies across planning, care delivery, health conditions assessment, progressive leadership, change implementation, financial management, quality improvement, strategic management and astute documentation.

Excels at communicating with clients to determine and meet patients' personal, physical, psychological, and cognitive needs in conjunction with interdisciplinary healthcare personnel. Instrumental in establishing enduring business relationships with stakeholders, staff, senior leadership, on-site contractors, regional partners, senior management, and health professionals for maintaining a safe, efficient and healthy work environment. Ensures the enforcement of required practices, procedures, standards, and SOPs as per ministry guidelines.

Areas of Expertise

- ◆ Progressive Leadership
- ◆ Program Implementation
- ◆ Senior Leadership Collaboration
- ◆ Standards Enforcement
- ◆ Regulatory Compliance
- ◆ Business Management
- ◆ Strategic Planning
- ◆ Budget Management
- ◆ Astute Communication

Professional Experience

Apr. 2022 – Present **Registered Practical Nurse, St. Joseph's Hospital, Thunder Bay**

Employed by Gifted Hands Health Services as an agency RPN

Worked in a geriatric rehab setting and provided collaborative, patient-centered care in a non-acute setting

Enhanced communication and conflict resolution techniques with a diverse patient population to better serve the unique client

Functioned as part of a rehab-oriented floor and provided structured, discharge-oriented care

Sept. 2020 – Oct. 2021 **Registered Practical Nurse, West Oak Village LTCC, Oakville**

Administered medications and treatments according to personalized, individualized care plans

Documented patient care in accordance with the CNO's practice standards

Demonstrated exemplary leadership skills as the unit supervisor, overseeing multiple staff and close to 30 residents at a time

Acted as a competent and professional member of the interdisciplinary team, including the development of care plans, quarterly/annual care conferences, and MDS/RAI experience.

Feb. 2020 - Jul. 2020 **Med-Certified PCA, The Village of Tansley Woods, Burlington**

Administered medications promptly and accurately within a memory care unit in compliance with the organization's policies and procedures

Assisted residents with ADLs, including but not limited to personal hygiene care, basic nursing care, companionship, and activities

Completed detailed documentation and reporting using PointClickCare and Meditech software

Developed therapeutic and professional relationships with residents and the interprofessional team to deliver holistic care with a focus on flexible living and quality of life

Sept. 2019 - Dec. 2019 **Practical Nursing Student, West Oak Village LTCC, Oakville**

Consolidated clinical knowledge and skills in a long-term care setting

Incorporated knowledge from previous courses in the practical nursing program, prioritizing evidence-based practice

Refined capabilities with software used in the clinical setting (PointClickCare, Microsoft Office, etc.)

Practiced the safe administration of oral, SQ, IM, IV, topical, and inhalant medications in accordance with the CNO's best practice guidelines

Education

Aug. 2022 - Present

Post Diploma BScN, Athabasca University, Athabasca, AB

- Completely online, self-directed BScN bridging program
- Obtaining more advanced theoretical knowledge to advance my capacity as a nursing professional

Sept. 2016 - Nov. 2019

Practical Nursing Diploma, Centennial College, Toronto, ON

- Gained in-depth knowledge, skills and judgement relevant to today's complex health care environment
- Learned how to provide safe, competent and ethical care using resources and technologies for a diverse client population

Sept. 2016 - Aug. 2017

Indigenous Studies Certificate (Honours), Centennial College, Toronto, ON

- Explored First Peoples' current issues, community, relationships, self-governance, and sovereignty within Canada
- Examined themes of diversity, treaties, symbolisms, rites of passage, ceremony, and the Canadian Government's Statement of Apology to the First Peoples of Canada

Summary of Qualifications

- Started BScN at Athabasca University (2022)
- Registered with the College of Licensed Practical Nurses of Alberta (2022)
- Registered with the College of Nurses of Ontario (2020)
- Achieved diploma in Practical Nursing from Centennial College (2019)
- Achieved certificate in Indigenous Studies from Centennial College (2017)
- Able to work independently, consult individual care plans, and manage time effectively
- Skilled at working collaboratively to provide uniquely individualized client care
- Fluent in English, partially fluent in French

Licenses & Certifications

- CPR HCP
- Nonviolent Crisis Intervention
- Domestic Violence in the Workplace

Affiliations

- College of Nurses of Ontario
- College of Licensed Practical Nurses of Alberta