

SAVNEET KAUR BSN, RN

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ABOUT ME

Recently licensed nurse graduate with clinical experience seeking a nursing position in the health care unit. Possesses a strong drive to help others, excellent communication skills, and a strong focus on delivering patient-centered care. Motivated to work with patients, families and care teams efficiently.

SKILLS

- Patient Care Coordination
- Communication
- Documentation
- Punctual
- Team player
- Electroencephalogram monitoring
- Educator

WORK EXPERIENCE

Sleep Technologist, 09/2019 - Current

Sleep Clinic – Toronto

- Enhanced patient comfort by effectively applying and adjusting sleep monitoring equipment during nocturnal polysomnography.
- Improved diagnostic accuracy by carefully evaluating and scoring sleep study data, identifying sleep disorders such as insomnia, narcolepsy, and sleep apnea.
- Promoted patient adherence to treatment plans by providing comprehensive education on sleep hygiene and CPAP therapy.

Personal Support Worker, 06/2023 - 12/2023

Thornbrook Home Care

- Enhanced patient comfort by providing compassionate and attentive personal care.
- Assisted clients with daily living activities, promoting independence and wellbeing.
- Collaborated with healthcare professionals to develop customized care plans for individual patients.
- Monitored patient health status regularly, reporting any changes to the appropriate medical staff.
- Facilitated mobility assistance for patients requiring help with transfers or ambulation.
- Maintained accurate records of patient care, progress, and concerns, contributing to effective

communication among healthcare team members.

Registered Nurse, 09/2016 - 02/2017

Guru Gobind Singh Medical College And Hospital – India

- Improved patient outcomes by implementing evidence-based nursing interventions and individualized care plans.
- Reduced hospital readmissions through effective discharge planning, patient education, and follow-up care coordination.
- Enhanced patient satisfaction by providing compassionate, holistic nursing care that addressed physical, emotional, and spiritual needs.
- Streamlined medication administration processes for increased safety and accuracy during busy shifts.
- Collaborated with interdisciplinary teams to develop comprehensive treatment plans for complex patients with multiple comorbidities.

EDUCATION

Nursing Leadership And Management, 04/2019

Seneca College - Markham, ON

Health Care Management, 04/2018

Northern College

Bachelor of Science: Nursing, 09/2016

Baba Farid University - India

CERTIFICATIONS

Registered Nurse

Advanced Cardiovascular Life Support