ROSEMARY CHINASA NWODO

Toronto, ON Roseychinasa50@gmail.com 437-230-2944

OBJECTIVE

Hard working, dedicated customer focused and driven professional, currently as clinical assistant in your facility

PROFESSIONAL SUMMARY

Hardworking and passionate Personal Support Worker with over 4 years of experience assisting Seniors. Highly capable and competent in assisting clients in all Activities of Daily Living and providing excellence in compassionate care to my clients. Devoted to patient's physical comfort and emotional support.

- Skilled at monitoring client vitals, conducting light housekeeping, assisting with toileting, emptying ostomy, drains and foley catheter.
- Experience in long term care and in-home settings providing guidance and support to clients
- Highly trained with both Canadian ground working with diverse populations with ability to effectively solve problems and manage difficult situations
- Enable to Write and and speak fluently in Italian language
- Maintain high level of safety and standards at all time
 Assist in drug administration as directed by healthcare providers
- Good team player and able to collaborate with co - workers
- Documentation of activities and
- Able to complete task in timely manner

CERTIFICATIONS -Toronto, ON 2022

- Canadian Food Handler CERTIFICATE
- CPR/First Aid CERTIFICATE
- PSW CERTIFICATE
- Dementia CERTIFICATE
- POLICE Clearance Certificate Canada

- Hand Hygiene CERTIFICATE
- PPE Training CERTIFICATE
- WHMIS Certificate

record keeping

M95 mask Certificate.

WORK HISTORY

Personal Support Worker Experience in Canada

January 2022 - 2023

Queens Estate Retirement Home NorthYork / Garden Court Nursing Home Etobicoke / Rekai Centre Nursing Home Sherburne, Toronto ON / CAMH Community Service College Street Spadina / St Annes Loft Community Service , Dufferin Street .

Worked @ group homes from Elliott family care. North York.

- Documented behaviours and medications in client medical record
- ADL assistance including personal grooming and oral care
- Report observations to supervisor and healthcare team, regarding client's safety nutrition, and cleanliness concern,
- Remind and assist clients to take medication according to care plans
- Transfer client from wheelchair and ability to use mechanical lift
- Escort client to appointment
- Empty drains and ostomy care
- Monitor clients movement for safety
- Provide palliative care as directed by Registered Nurse

Certified Personal Support Worker/Healthcare Aid

April 2019 - Sep 2021

Private Homecare, Community Care and Nursing Home

Comune di Romano d'Ezzelino Community service, Italy

- Provided excellent care to clients by building trust relationship with client and family members.
- Provide compassionate care according to individual needs.
- Assist with housekeeping by making beds, doing laundry, washing dishes and preparing meals
- Worked in community-based homecare, assisting the elderly with feeding, shopping, recreational activities, daily meal delivery, general housekeeping, bathing and other ADLs
- escort clients to appointments and provided companionship to seniors living on their homes
- Demonstrated respect, warmth and willingness to help wherever needed
- Maintained excellent attendance record, consistently arriving to work on timely manner
 - Great active listener, and report issues that endanger client life to the supervisor.

EDUCATION

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Personal Support Worker Certificate

City Adult Learning Center (CALC) Broadview Toronto, Ontario

In-class training completed June, 2022 | Placement completed Nov. 2022

Personal Support Worker Certificate March 2019-Oct 2020

Centro Europeo di Formazione (European Training Centre), Vicenza, Italy

High School Diploma *1998-2003* Community Secondary School, Nigeria