

Mary Adesanya RN

Registered Nurse

Canada

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Reliable and Service focused Nursing professional with excellent Academic background and (7) years of clinical experience in geriatric, Hospice nursing, Psychiatry/Mental health, Public health, primary health care and medical surgical nursing. Compassionate and technically skilled in attending to patients in diverse health care settings.

Work Experience

Virtual Telehealth Nurse (Remote)

Switch Health - Toronto, ON

June 2021 to Present

Teaching Client Covid swabbing virtually (remote)
Communicating with client and family about public health directives
Ensuring proper infection control protocol.

Public Health Nurse

City of Toronto - Toronto, ON

March 2021 to Present

Immunization nurse for Covid Vaccine
Swabbing of client for Covid 19
Infection Prevention and control Teaching
Communicating with client and family in mass immunization clinic
Training of staff Members regrading PPE and hand hygiene

Wellness Nurse

Sunrise Senior Living - Toronto, ON

June 2020 to March 2021

Training and Supervision of Medication Technicians
Transcription Of medication
Administration of Subcutaneous and Intramuscular Injections
Swabbing of Resident and staff for Covid 19
Communicating with Resident and Families
Training of staff Members regading PPE and hand hygiene

Registered Practical Nurse (Casual)

CARECOR HEALTH SERVICES LTD. - Halifax, NS

October 2017 to June 2020

Key Duties:

- Dispense Medication with the use of Pyxis electronic system.
- Insertion of IV and NG tubes, Insertion of urinary catheter
- Venipuncture

- paging physician regarding changes in client care
- Tracheostomy care
- Monitoring of Vital signs including pain Assessment

Licensed Practical Nurse

Melville Lodge Center Long Term Care- Halifax, NS
November 2018 to May 2020

Key Duties:

- Observes and assesses the eating habits and intake of residents and reports any changes, concerns and/or problems noted to the RN/Manager Care Services.
- Administers enemas and suppositories and provides ostomy and urinary catheter care including bladder irrigations as required.
- Lifts and transfers immobilized residents from bed or chair using proper body mechanics and techniques, or using a mechanical lift, according to established care plans and established policies and procedures.
- Identifies, assesses and reports any resident concerns, problems and/or needs such as physical and/ or behavioral changes to the RN/Manager Care Services and ensures that proper interventions and care are instituted.
- Assists the RN/Manager Care Services in relaying pertinent information about resident care to the resident, family physician, and/or interdisciplinary team.
- Reports for work as scheduled, and on time, on a regular and consistent basis according to departmental policies, procedures and standards.

Licensed Practical Nurse Full Time

Rose Marie Care Home - Hantsport, NS
January 2017 to August 2017

Key Duties:

- Giving Resident Prescribed medication using MAR
- Delegating duties to PCW staff
- Attending fall risk meetings and Family conferences
- Educating PCW on using the Manual blood pressure machine.

RPN student

Hotel dieu Shaver Hospital - St. Catharines, ON
May 2016 to August 2016

Key Duties:

- Monitoring and Charting the geriatric patient vital signs
- Health education to client and relatives when needed.
- Creating a nursing care plan for the patient specific to their medical diagnosis

Assist with Venipuncture and supervised by unit RN

Extended care long term care - St. Catharines, ON
January 2016 to May 2016

St. Catharines Ontario,

Key Duties:

- Using the mini mental state examination to observe change in cognitive function. • Supervised by the RN in giving meds.
- Assist with Venipuncture and supervised by unit RN

Public Health Nurse

Lagos state Ministry of health - Lagos

December 2013 to January 2015

1. Helped in Administering immunizations to children and new borns
2. Administered intramuscular / intradermal/ subcutaneous vaccine to children and young adult.
3. Train and health educate parent on common vaccines reaction
4. Kept track of immunization cards
5. in charge of male circumcision of new borns and children in various nearby community
6. Ebola tracing nurse and infection control inspector in different private hospital, as advised by the Lagos state ministry of health

Education

Bachelor's Degree in Nursing

University of Derby - Derby

January 2019 to August 2021

Graduate Certificate in Gerontology Nursing

Niagara College - Welland, ON

January 2016 to October 2016

Graduate Certificate in Palliative Care Nursing

Niagara College - Welland, ON

January 2015 to October 2015

Associate Degree

Sacred heart hospital School of Nursing

October 2010 to November 2013

Skills

- Medication Administration
- EMR Systems
- Experience Administering Injections
- Tube Feeding
- Laboratory Experience
- Triage
- Transcription
- Vaccination (5 years)
- Immunization (7 years)
- Nursing
- Case Management
- Hospital Experience
- Hospice Care

- Telemedicine
- Employee Orientation

Groups

Canadian Red Cross Emergency Response Team

July 2020 to Present

i have been volunteering with Red cross since June 2020, i felt the need to help because of the global pandemic and also as a public health enthusiastic, i have been sharing my past experience working with Ebola virus , vaccination and immunization with the Canadian red cross.