

Amandeep Kaur

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WORK EXPERIENCE

Registered Nurse at Malik Hospital, India

(11/ 2018– 10/ 2019)

- Recorded details and symptoms of patient medical history and current health.
- Performed initial and ongoing assessment of patients and Prepared patients for exams and treatment.
- Administered oral, IV and IM medications and treatments, then monitoring patients for side effects and reactions.
- Created, implemented, and evaluated patient care plans with the medical team.
- Performed wound care, such as cleaning and bandaging them.
- Assisted physicians in medical and surgical procedures as needed.
- Operated and monitored medical equipment.
- Drawn blood, urine samples, and other body fluids for lab work.
- Educated patients and family members on treatment and care plans, as well as answering their questions.
- Supervised nursing assistants, and nursing students.
- Collaborated with physicians, nurses therapists and other health care professionals to develop individualized treatment plans for each patient.
- Responded to emergency situations with speed, expertise and levelheaded approaches to provide optimal care, support and lifesaving interventions.
- Ensured the supply, control and safe keeping of drugs and narcotics as well as safekeeping of drug keys in accordance with professional standards and organization policies.
- Documented priorities, target dates and interventions on the individualized care plan in order to achieve the best possible outcomes of each patient.
- Ensured the strategies and interventions directed by the care plan are implemented in a safe and effective manner.

Student Nurse at Civil Hospital, India

(12/2017 – 10/2018)

- Performed initial and ongoing assessment of patients and Prepared patients for exams and treatment under the supervision of Registered nurse.
- Assisted in Administered oral, IV and IM medications and treatments, then monitoring patients for side effects and reactions.
- Created, implemented, and evaluated patient care plans with the preceptor.
- Performed wound care, such as cleaning and bandaging them.
- Assisted physicians in medical and surgical procedures as needed.
- Drawn blood, urine samples, and other body fluids for lab work under the supervision of registered nurse.

- Educated patients and family members on treatment and care plans, as well as answering their questions.
- Observed medical procedures for advance nursing knowledge.
- Maintained accurate documentation of patient information such as vitals, assessment and results.

**Student nurse, Vidya Sagar Hospital of Mental Health, India
(05/ 2016- 07/2016)**

- Delivered direct services such as case management, counseling, screening and group therapies.
- Established therapeutic relationships with client and family members.
- Created and distributed health education on substance abuse, schizophrenia
- Worked in child psychiatry ward and behavioral therapy center.
- Assessment of patients diagnosed with Mania, Depression, Intellectual disabilities, personality disorder.
- Planning of Daily activities for patients.
- Delivered direct services such as case management, counseling, screening and group therapies.
- Established therapeutic relationships with client and family members.
- Created and distributed health education on substance abuse
- Worked in child psychiatry ward.
- Assessment of children diagnosed with ADHD, Autism, Intellectual disabilities.
- History taking and planning of Nursing interventions for mentally ill patients.

**PSW at Transcare community support services, Scarborough, Canada
(02/2020 – 12/2023)**

- Provided personal care assistance and support to patients such as bathing , grooming, toileting.
- Assisted patients with ADL such as eating, drinking and medication reminders.
- Respected privacy of all patients at all times.
- Provided emotional support to patients while encouraging independence.
- Monitored changes in the patients condition and reported to supervisor right away.

EDUCATION

Registered Nurse with New York board of Nursing	(Nov 2023- Present)
Registered Nurse with college of Nurses of Ontario	(Feb 2024 -present)
BLS and CPR	(expires on Jan 2025)
ACLS	(Expires on 03/2026)
Pandit Bhagwat Dayal Sharma University of Health Science:	
Bachelor of Science in Nursing with first class	(Sep 2014 – Oct 2018)

CORE ATTRIBUTES

- Possess strong communication and time management skills.
- Able to quickly obtain and process information and quick learner from work.
- Ability to Plan, Organize and Prioritize Work.
- Ability to multitask in a fast-paced environment.
- Good organizational, analytical skills and possess excellent team working skills.
- Knowledgeable with MS Office, windows and internet.
- Strong critical thinking, Problem solving, and decision-making skills learnt by experience.
- Establish therapeutic relationships with family and patients.
- Strong assessment skills and committed to best practice, nursing standards and lifelong learning.
- Knowledge of pain management, skin management and wound management.

OTHER SKILLS AND HIGHLIGHTS

- Good in communication skills and know 3 languages- English, Punjabi, Hindi.
- Want to learn new things and tasks from new work every time.
- Easy learner and loves to help the patient and colleagues.

References

- Bernice, Supervisor (Transcare community support services)
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