

ASWIN SHEEJA JOY

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Highlights of Qualification

- Over 2 years' experience in diverse settings, including Community Mental Health, Long Term Residential care, Addiction, and Hospital environments.
- Extensive expertise in Psycho-Social Rehabilitation and a strong commitment to harm reduction principles.
- Proven track record in providing Strength-based Counseling, Case Management, and Person-Centered Care to individuals across all age groups facing mental health challenges.
- Specialized in offering addiction support and ensuring continuous care for clients.
- Proficient in conducting Mental Status Examinations and using the findings to inform treatment plans.
- Familiarity with Cognitive Behavior Therapy techniques and their application in clinical settings.
- Advanced proficiency in Microsoft Suite (Excel, Word, PowerPoint) and adept at both online and paper documentation.
- Certified in First Aid Emergency & CPR/AED- Level C Red Cross, Canada.

Professional Experience

Care home support worker (Charity village psycho social rehabilitation centre)

(10/2020- 11/2021)

- Led and actively participated in psychosocial rehabilitation initiatives for individuals with mental illnesses, fostering their personal growth and independence.
- Coordinated and facilitated community outreach programs, including coffee socials, luncheons, and recreational activities to promote socialization and engagement among clients.
- Provided hands-on mentoring to clients on essential activities of daily living, such as cooking, cleaning, personal hygiene, grooming, shopping, and budgeting.
- Efficiently scheduled and accompanied clients to psychiatric and medical hospital consultations, ensuring they received the necessary medical care and support.

Medical Social Worker (NIMS Hospital)

(12/2021-06/2022)

(300 bedded multi specialty hospital)

- Provided compassionate Bereavement Counseling to bystanders who experienced the loss of a loved one during traumatic events, offering empathetic support during their time of grief.
- Demonstrated exceptional ability to function and make sound decisions in highly stressful and fast-paced environments, such as trauma care settings.
- Displayed expertise in handling end-of-life care matters, ensuring all legal formalities and protocols were meticulously followed, and offering comprehensive familial support during difficult times.

Clinical Social Worker (Kaithangu Medical Trust)

(07/2022-12/2022)

(120 bedded retirement care home)

- Provided compassionate care for residents, attending to their personal needs, such as cleaning, showering, wiping, and assisting with clothing changes, ensuring a comfortable and hygienic living environment.
- Ensured residents enjoyed a positive dining experience, offering assistance as needed and promoting a warm and welcoming atmosphere during meal times.
- Actively planned and organized periodic family visits for residents, fostering meaningful interactions and engagement with their loved ones to enhance emotional well-being and social connections.

Education

KERALA UNIVERSITY

BSW (2020)

FANSHAWE COLLEGE

Addictions and Mental Health (2023)

CERTIFICATES

KAPS(2020) , Vulnerable sector completed (2023), Work and Health safety awareness certificate ,(2023) CBT Practitioner certificate(2022),