

Livia Urtuna

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PROFESSIONAL SUMMARY

Experienced RN and Assistant Director of Care in LTC with 25+ years of nursing experience, including 13+ years in the Long-Term Care industry. Skilled in managing patient care, overseeing nursing staff and implementing policies and procedures to improve the quality of care.

LICENSE

Registered Nurse: CNO, License #20249759

WORK EXPERIENCE

Chartwell Willowgrove LTC.

Ancaster, ON

Assistant Director of Care (ADOC)

December 2021 - Present

- Ensure that resident's care is evaluated continuously and that their care plans are developed, updated, reviewed regularly, and followed consistently
- Assist the Director of Care with hiring, supervising, appraising and disciplining assigned staff, ensuring that all assigned staff receive proper orientation, in-service education and on-the-job training.=
- Work closely with the unit Charge Nurse to ensure that the appropriate documentation is in place as per policy.
- Oversees all medical and nursing documentation for adherence to applicable legislation for legibility, relevancy, currency and accuracy and initiates necessary action to maintain the same.
- Establish priorities on health care issues of LTC home residents and enforce legislation and ministry policy
- Responsible for PSW and registered staff meetings, and education programs for the nursing department

Idlewyld LTC.

Hamilton, ON

Registered Nurse (RN) and IIWCC Wound Care Coordinator

March 2021 - December 2021

- Assess, plan, implement and evaluate individualized care to meet the resident's holistic needs
- Assess and reassess the resident health status
- Liaise with physicians and other internal and external members of the health care team
- Delegate clinical responsibilities to qualified staff in accordance with policy and CNO standards of practice
- Serve as a resource person for other nursing staff in identifying and solving nursing or resident care problems
- Management of acute, chronic wounds & skin tears
- Care plan, treatment intervention, case management - pressure injuries, leg ulcers, diabetes foot ulcers

Chartwell Willowgrove LTC.

Ancaster, ON

Registered Nurse (RN) and Skin and Wound Care Coordinator

March 2020 - March 2021

- Assess, plan, implement and evaluate individualized care to meet the resident's holistic needs
- Assess and reassess the resident health status
- Liaise with physicians and other internal and external members of the health care team
- Delegate clinical responsibilities to qualified staff in accordance with policy and CNO standards of practice
- Serve as a resource person for other nursing staff in identifying and solving nursing or resident care problems
- Complete treatments as ordered and document in resident chart & on skin integrity flow sheets
- Maintain the comfort, privacy and dignity of each resident while performing treatments
- Document resident response to treatment weekly and as needed
- Actively teaching RPNs and PSWs how to monitor residents, change dressings and report any changes
- Knowledge of infection control practices and workplace safety to prevent wound infection and skin alteration

Registered Practical Nurse (RPN)

November 2011 - March 2020

- Administer & record prescribed medication
- Monitor patient vital signs, observe & report patient symptoms and condition
- Able to work effectively in a multidisciplinary rehab team setting
- Advanced RPN assessment skills (i.e catheterization care, wound/ ostomy care)
- Effectively managing difficult behaviours
- Creating, monitoring, reviewing & updating care plans
- Consulting with other members of health care team, e.g physiotherapy, occupation therapy, dietary & recreation to encourage quality of life for Long Term Care residents
- Plus responsibilities below

Macassa Lodge LTC.

Hamilton, ON

Registered Practical Nurse

September 2014 - July 2021

- Same as above +

- Chart resident progress notes & record medication administration
- Assist staff or patient as requested
- Collect & label specimens for resident check-ups

Emergency Hospital - Sf. Ioan

Bucharest, Romania

Registered Nurse (RN) Neonatal ICU

1988 – 2006

- Provided nursing care to new-borns in ICU & onwards
- Monitoring, recording, reporting symptoms & changes in patient health conditions
- Performed the follow tasks: urinalysis, specimen collection, injections subcutaneous, IV and IM, positioning/ draping of patients, dressing & sterile tray preparation
- Assisted an average of 28 newborns per day

SKILLS

- Empathy & compassion to help patients feel comfortable, confident and at ease
- Strong communication skills, with the ability to explain complex procedures & conditions in easily understandable terms
- Excellent organizational skills & attention to detail in maintaining accurate patient records
- Using new & innovative wound care techniques & dressings
- Vascular Testing using Doppler Ultrasound
- Infrared thermometry

EDUCATION

George Brown College

Toronto, ON

Academic Pathway Program for IEN

2019

- Complex Care to Beyond BCLS; Leadership & Advanced Communication Health Assessment; Basic Emergency Management

St. Francis Xavier University

Nova Scotia

Courses

2017

- Hospice Palliative Care Course; Contemporary Issues in Nursing; Community Health Nursing

Mohawk College & McMaster University

Hamilton, ON

Institute for Applied Health Science - Courses

2011– 2015

- Management of Wounds; Nursing Informatics; Assessment Skills for Nurses; Administration of Medication

Carol Davila School of Nursing

Bucharest, Romania

Nursing Diploma

2002– 2005

AWARDS

Nurses Making a Difference, Chartwell

2019

TEACHING

CARE Center for Internationally Educated Nurses

Wound Care Management Education Course

CERTIFICATIONS

University of Toronto - IIWCC Certificate

Toronto, ON

Comprehensive educational experience for wound care specialists and to translate new knowledge into practice.

2021

RNAO & iaBPG

5 Days Wound Care Institute - Clinical Stream

2018

Michener Institute for Applied Health Sciences

IV Insertion & Maintenance Workshop

2016

CAWC Education & South West Regional Wound Care Program

Changing Practice through Applied Knowledge Case-based Workshop

2016

Executive Links, Toronto

One-day conference hosted by Dr. Kevin Woo on Leg Ulcers: Assessment & Management

2015

HNHB Hospice Palliative Care Network

The Fundamentals of Hospice Palliative Care

2012