

Oluwafemi Oladayo Ajayi

Personal Support Worker/Health Care Aide

Whitby, Ontario

437-933-9432

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A highly compassionate, caring and sensitive Personal Support Worker/Health Care Aide, seeking to create special moments for clients by making a difference in their daily lives by providing outstanding care, emotional support, and encouragement. Strong emotional intelligence, very patient, and adept at working with little to no supervision. Flexible scheduling availability including evenings, weekends, holidays, and emergency situations. Eager to start as soon as possible!

Safe Patient Care Techniques	Accepting of Different Cultures	Patient & Empathetic
Strong Communication Skills	Remains Calm Under Pressure	Physically Fit-Able to Lift/Carry
Dealing with Loss/Grief/Anxiety	Physical & Emotional Care	Honest & Ethical
Commitment to Quality Care	Effective Time Management	Maintaining a Safe Environment

PROFESSIONAL SUMMARY

- Strong communicator with a focus on client relations and patient-care
- Attention to detail - ability to maintain quality assurance checks and recognize changes in a client's health or personal situation
- Enjoys helping others and providing companionship and emotional support to make a positive impact
- Positive, energetic and friendly personality who gets along well with others and is a team player
- Critical thinker, remains calm under stress, and quick to react to emergency situations
- Highly dependable, eager to learn, and adaptable to any situation or personality type
- Strong computer skills and technical abilities in a variety of software programs

PERSONAL SUPPORT WORKER - SKILLS & ABILITIES

- Provide homemaking support according to the established care plan
- Provide companionship and emotional support, and ensure the safety, comfort and care of clients
- Maintain client records, documentation, and confidentiality of client/corporate information at all times
- Participate in proactive health & safety activities while performing all duties
- Notify immediate Supervisor of any Health & Safety risks or concerns to the client
- Maintain clients' health equipment, respond to emergency situations, and administer medications
- Assist clients with rehabilitative exercises, provide support with academic, social or recreational activities
- Observe client conditions and report unusual events or changes in condition
- Understands and implements infection prevention practices
- Complete light house cleaning, wash dishes or laundry, make beds, sweep floor, dust, vacuum, remove garbage, prepare light meals, shop for groceries and personal items.
- Assist clients with personal hygiene, getting dressed, or with other daily errands

CERTIFICATE

City Adult Learning Centre, ON Canada (Personal Support Worker and Home Care)

Red Cross First Aid, CPR (C), AED

Vaccinated for COVID 19

EMPLOYMENT HISTORY

Personal Support Worker – AGTA HOME HEALTH CARE

January 2023- to date

- Working with elderly patients and providing one-on-one care such as assisting with personal care, bathing, perineal care, transferring, dress assist, meal preparation, medication assist/reminder and light housekeeping
- Ensuring the fulfilment of individual goals and needs as instructed in the client's care plans

- Helping clients with leisure activities
- Ensuring the health, safety, welfare, and independence of clients
- Assisting and satisfying the social and emotional needs of a client
- Documenting and recording daily care reports which may include resident incident reports, restraint monitoring, and medication administration.

Residential Support Worker - CEDAR HEIGHTS

2020-2022

- Developed and implemented behavioural management care plans
- Maintained accurate case management reports
- Supervised individuals with their activities of daily life
- Trained to administer daily medication
- Assisted with day-to-day operations of the residence accordance with regulatory requirements, agency policy and quality program standards.
- Worked to improve, enrich and respect the lives of individuals with developmental, physical and mental disabilities.