



## Adityan Prasannan

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Kitchener, ON N2P0H6

### SUMMARY

I find happiness in helping others and passionate of serving the Elderly and the diseased individuals and have been trained for the same in 6 years and experienced in the same for the past 4 years in India & UAE as well, I believe in my skills and assure to give quality service with compassion.

### SKILLS

- I am Confident of myself about performing the following skills :-
- Diagnostic ability
- Practiced in family assessments
- Family therapy aptitude
- Therapeutic expertise
- Solution-focused counseling
- Mental health support
- Public relations understanding
- Psychiatric population familiarity
- Office administration
- Exceptional problem solver
- Relationship management
- Superior communication skills
- Massage Therapy
- Talent in community psychiatry
- Executive leadership
- Patient counseling
- Business development
- Patient safety
- Family medicine

### EXPERIENCE

Unregulated Care Provider

Kitchener, ON

Victoria place by Spring Living/ Aug 2022 to Current

- Maintained clean and well-organized environment for client happiness and safety.
- Followed care plan and directions to administer medications.
- Monitored vital signs and medication use, documenting variances and concerning responses.
- Laundered clothing and bedding to prevent infection.
- Aided with mobility and independence for disabled individuals and continually monitored safety.
- Followed safe lifting and transferring techniques to transport residents.
- Examined and treated patient lacerations, contusions and physical symptoms and referred patients to other medical professionals.
- Supported bathing, dressing and personal care needs.
- Encouraged residents to participate in activities of daily living to enhance personal dignity.
- Reported concerns to nurse supervisor to promote optimal care.
- Monitored health and well-being of clients and reported significant health changes.

CEO, Doctor, Counsellor & Elderly Care Specialist

Palakkad, India

NIIMS (SELF OWNED) / Jul 2020 to Current

- Provided patient diagnosis, test evaluation and treatment under strict time constraints.
- Started my own Hospital of Dr Nayana Institute Of Integrated Medical Sciences (NIIMS) in Kerala, India with focus on Elderly counseling and care.

- Specialised in Indian Massage & Elderly Orthopaedic issues with more than 90% success rate in the treatment procedures.
- Specialist in Vital point & Pressure Therapies for Low back ache and muscle pain.
- Managed all the Hospital functioning and provided quality care.

Multi Doctor Health Clinic Manager

Dubai, UAE

Dr Shyam's Ayurveda, Dubai Health Care City(DHCC)/ Mar 2019 to Jun 2020

- Strengthened and aligned daily operations with patient needs based on collected feedback and continuous improvement plans specifically for disabled and elderly patients.
- Completed detailed and efficient assessments of each patient to support development of multidisciplinary treatment plans. Initiated Counselling sessions for geriatric patients and provided quality care.
- Supervised day-to-day operations of facility, complying with strict corporate policies and guidelines.
- Specialised in Elderly care and provided quality service in Geriatric wing of the clinic.

## EDUCATION AND TRAINING

MBA: Health Care Administration

York St John University Mar 2022

United Kingdom (UK)

- Completed professional development in healthcare management & marketing as well.
- Ranked in Top 10% of class
- Completed coursework in Strategic planning & Health services.

BAMS(DOCTOR OF TRADITIONAL INDIAN MEDICINE): AYURVEDA (INDIAN TRADITIONAL MEDICAL SCIENCE & MASSAGE

Kerala University of Health Sciences Mar 2019

India

- Presented more 34 scientific presentation out which 14 were international and 20 were national level presentations
- Published two research papers which are entitled as :-

**1) A SCIENTIFIC APPROACH TO NETRA MARMAS (INTERNATIONAL JOURNAL FOR RESEARCH PUBLICATIONS) <https://ijrp.org/>**

**2) SWASTHYA RAKSHA KENDRA WITH INTEGRATED MOBILE APPLICATION TO PREVENT CANCER (INTERNATIONAL JOURNAL FOR RESEARCH PUBLICATIONS) <https://ijrp.org/>**

- Received "Young innovator Award" from Banaras Hindu University (BHU) for my work on integrative healthcare analysis for cancer management
- Awarded "Youth icon Award" from Kerala University for Health Sciences (KUHS) for outstanding contribution in health care studies

Awarded "Excellence awards" 4 times, "Student of the year" twice and endowed with "Best Outgoing Student award" from Santhigiri Ayurveda Medical College.